

Cannabis dried flower

TCO T20 THC 20% CBD <1%
20% THC 10g (Tropical Cooler)

Active ingredient(s): Delta-9-tetrahydrocannabinol (THC)
Patient Information



This leaflet provides important information about using TCO T20 THC 20% CBD <1%. You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using this medicine.

Where to find information in this leaflet:

1. Why am I using TCO T20 THC 20% CBD <1%?
2. What should I know before I use TCO T20 THC 20% CBD <1%?
3. What if I am taking other medicines?
4. How do I use TCO T20 THC 20% CBD <1%?
5. What should I know while using TCO T20 THC 20% CBD <1%?
6. Are there any side effects?

WARNING: TCO T20 THC 20% CBD <1% is an unapproved medicine containing a controlled substance (THC). Possession without a prescription or authority may be illegal in some jurisdictions. Always follow your doctor's instructions and check local regulations, especially when travelling.

1. Why am I using TCO T20 THC 20% CBD <1%?

TCO T20 THC 20% CBD <1% contains the active ingredient delta-9-tetrahydrocannabinol (THC), a cannabinoid derived from cannabis plants. Each 10 grams of TCO T20 THC 20% CBD <1% contains 2000mg of THC.

This medicine is used for symptom management in conditions where other treatments have not been effective. It interacts with the body's endocannabinoid system to produce various effects, which may vary depending on your biology and the condition being treated.

TCO T20 THC 20% CBD <1% is not approved for specific conditions, but your doctor may prescribe it for symptoms such as:

- Chemotherapy-induced nausea and vomiting
- Chronic pain (e.g., cancer pain, neuropathic pain)
- Spasticity from neurological conditions (e.g., multiple sclerosis)
- Appetite loss associated with chronic illness
- Symptom relief in palliative care
- Other conditions as determined by your doctor

Ask your doctor if you have questions about why this medicine has been prescribed for you.

2. What should I know before I use TCO T20 THC 20% CBD <1%?

Warnings

Do not use TCO T20 THC 20% CBD <1% if:

- You are allergic to THC, other cannabinoids, or any ingredients listed in Section 7.
- You are pregnant, planning to become pregnant, or breastfeeding.
- You are under 18 years of age.
- You have a history of schizophrenia, psychosis, or other severe psychiatric disorders.
- You have severe heart disease (e.g., angina, recent heart attack, arrhythmias, or uncontrolled high blood pressure).

Check with your doctor if you:

- Have liver, kidney, heart, or lung disease (may require monitoring).
- Have a personal or family history of mental health conditions (e.g., depression, bipolar disorder, anxiety).
- Have a history of drug or alcohol dependence.
- Are elderly or frail (over 65 years), as you may be more sensitive to neurological, psychoactive, or blood pressure effects.
- Take other medicines (see Section 3).

The long-term risks of medicinal cannabis are not fully understood due to limited scientific data. Additional health risks or precautions may apply.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section 6. *Are there any side effects?*

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant.

Talk to your doctor if you are breastfeeding or intend to breastfeed.

If you are pregnant or breast-feeding, think you may be pregnant or are planning to become pregnant you cannot take this medicine.

Fertility

Cannabis preparations should not be used by anyone planning to have a child. Cannabinoids may impact fertility (whether male or female) and can affect the gestational development of the fetus.

Check with your doctor if you are planning to have a baby. It is advisable to always use a highly effective contraceptive method.

Women using hormonal contraceptives should add a barrier non-hormonal contraceptive method during treatment with TCO T20 THC 20% CBD <1%.

3. What if I am taking other medicines?

Tell your doctor or pharmacist about all medicines, vitamins, or supplements you are taking, including those bought without a prescription.

Some medicines may interact with TCO T20 THC 20% CBD <1%, affecting how it or other medicines work. Interactions may increase side effects like drowsiness or alter THC levels in your body.

There is limited evidence about how medicinal cannabis reacts with other approved medications. Most interactions are associated with drugs that slow down the nervous system, causing drowsiness, such as sedatives, benzodiazepines and hypnotics. The list below does not include all possible drug interactions. The doctor or pharmacist should evaluate all possible drug interactions on a case-by-case basis.

- The association with antispastic medications, used in muscle-related diseases, can reduce muscle strength and increase the risk of falls, so precautions must be taken
- Medicines used for sleep problems (sleeping pills or sedatives/hypnotics such as: benzodiazepines, zopiclone, zolpidem)
- Medications used for pain (opioids, such as oxycodone, hydrocodone, codeine and morphine)
- Medicines used to treat epilepsy, seizures or neuropathic pain (for example, carbamazepine, phenytoin, primidone, phenobarbital, clobazam)
- Medicines used to treat bacterial (e.g. antibiotics such as rifampicin, rifabutin, clarithromycin and erythromycin) or fungal (e.g. antifungals such as itraconazole, fluconazole, ketoconazole and miconazole, amphotericin B) infections

- Medicines used to thin the blood (anticoagulants such as warfarin, apixaban, rivaroxaban)
- Medicines used for heart disease or hypertension (such as amiodarone, diltiazem and verapamil)
- Medicines used to control HIV/AIDS infection (HIV protease inhibitors) in particular ritonavir
- Medicines used to treat diabetes (troglitazone)
- St John's Wort
- Anti-depressants (fluoxetine, fluvoxamine)
- Stomach acid inhibitors (omeprazole)
- Medicines that are strongly bound to proteins (e.g. cyclosporine)
- Any drug or complementary medicine metabolised by cytochrome P450

If you stop taking any of these medications, it may cause an increase in the bioavailability of THC, and there may be a need to adjust the dose titration to be administered.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect TCO T20 THC 20% CBD <1%.

If at any time you suspect that a combination of medicines is working in an unexpected way, or has any unwanted or unpleasant effects, consult your doctor immediately.

4. How do I use TCO T20 THC 20% CBD <1%?

Always use TCO T20 THC 20% CBD <1% exactly as prescribed by your doctor.

How much to take

There is no standard dose for medicinal cannabis. Your doctor will determine your dose based on your condition, symptoms, and response, using a “start low, go slow” approach.

Begin with the lowest possible dose and increase slowly under medical supervision to find the optimal dose with minimal side effects.

When to take TCO T20 THC 20% CBD <1%

- Use as needed, based on your doctor’s dosing plan.
- Effects typically begin within minutes and last 2–4 hours.
- Wait 10–20 minutes before taking another dose to assess effects.

How to use

- TCO T20 THC 20% CBD <1% is a whole-plant medicinal cannabis dried flower for inhalation using a compatible vaporizer device.
- Follow the vaporizer manufacturer’s instructions or seek advice

from your doctor/pharmacist.

- The temperature setting affects THC delivery, as cannabinoids have different boiling points.
- Do not use with non-compatible devices.

If you forget to use it

Skip the missed dose and take the next dose as prescribed.

Do not take a double dose to make up for a missed one.

If you use too much (overdose)

If you think you have used too much, seek urgent medical attention:

1. Call the Poisons Information Centre (Australia: 13 11 26; UK: NHS 111) or your doctor.
2. Go to the nearest hospital emergency department.
3. Symptoms may include confusion, dizziness, sleepiness, rapid/irregular heartbeat, anxiety, fainting, or hallucinations.

5. What should I know while using TCO T20 THC 20% CBD <1%?

Things you should do

- Remind any doctor, dentist, or pharmacist you visit that you are using TCO T20 THC 20% CBD <1%.
- Follow your doctor’s dosing instructions to minimize risks of dependence or abuse (low risk with medical use).
- Report any side effects to your doctor or via the relevant reporting scheme (e.g., MHRA Yellow Card Scheme in the UK: www.mhra.gov.uk/yellowcard; TGA in Australia: www.tga.gov.au/reporting-problems).
- Check regulations before travelling internationally, as THC is a controlled substance and may be restricted.

Things you should not do

- Do not stop using this medicine suddenly, as withdrawal symptoms (e.g., irritability, anxiety, insomnia, decreased appetite, or sweating) may occur within 7 days.
- Do not give this medicine to anyone else, even if they have similar symptoms.

Driving or using machines

Do not drive or operate machinery while using TCO T20 THC 20% CBD <1%.

THC can cause drowsiness or dizziness and affect cognitive abilities. Such effects may impact concentration, coordination, delay reaction time and thus impair motor skills. These effects can be further increased when taking other medications or drinking alcohol.

Talk to your doctor about driving, using machines, or when undertaking other activities that require balance such as cycling or other sports, because this medicine may affect your ability to do so safely.

Measurable concentrations of THC (the main psychoactive substance in cannabis) can be detected in urine many days after the last dose of TCO T20 THC 20% CBD <1%. It may take up to 5 days for 80 to 90% of the dose to be excreted. Be aware that in most Australian states and territories, driving with detectable levels of THC in your body is illegal, even though it may not impair your driving.

Drinking alcohol

Tell your doctor if you drink alcohol.

You should avoid drinking alcohol while using TCO T20 THC 20% CBD <1%.

Avoid alcohol, as it can worsen THC’s effects on cognition, coordination, and reaction time.

Cognitive impairment may be greatly increased when TCO T20 THC 20% CBD <1% is consumed along with alcohol or other drugs which affect the activity of the nervous system (e.g. opioids, sleeping pills, other psychoactive drugs).

Looking after your medicine

Follow the instructions in the pack on how to take care of your medicine properly

- Store below 25°C in a cool, dry place, in the original packaging to protect from light and moisture.
- Keep upright to prevent leakage.
- Do not freeze or expose to high altitudes (may cause leakage).
- Keep out of reach of children and pets.

When to discard your medicine

- Do not use if the whole-plant medicinal cannabis dried flower shows signs of damage or deterioration.

- Return unused or expired medicine to a pharmacy for safe disposal.
- Do not use after the expiry date on the packaging.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date, which is stated on the pack. The expiry date refers to the last day of that month.

6. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Information on the side effects associated with medical cannabis use is limited. Patients generally tolerate it well. Often a low dosage provides sufficient relief so that side effects rarely occur. When these happen, they are usually the result of a high dosage or combined use with a substance, such as alcohol, which intensifies its effects.

The toxic and pharmacological effects of cannabinoids may overlap due to the small therapeutic window of THC, which is mainly responsible for possible side effects.

Medicinal cannabis side effects are commonly dosedependent, so it's important to follow your doctor's dosing recommendations.

Long-term use may decrease one or more of the effects of cannabis (tolerance).

Less serious side effects

- Dizziness
- Feeling sick or nauseous
- Increased heart rate or palpitations
- Changes in appetite
- Dry mouth
- Muscle weakness
- Mood changes
- General feeling of discomfort
- Blurred vision
- Anxiety
- Confusion
- Problems with memory, concentration, perception of reality, sense of time, ability to think and make decisions, reaction time and coordination
- Problems with balance or falls

What to do

Speak to your doctor if you have any of these less serious side effects and they worry you.

Serious side effects

- Signs of an allergic reaction such as swelling of the face, lips, tongue or other body part, severe fainting or dizziness, or rash/itching of the skin
- Paranoia (feeling suspicious, angry or betrayed by other people)
- Hallucinations (hearing voices or seeing things that aren't there)
- Fast or irregular heartbeat
- Low blood pressure if associated with lightheadedness, dizziness or fainting
- Seizures (if you have no history of epilepsy)
- Depression or thoughts of suicide

What to do

Call your doctor straight away, or go straight to the Emergency Department at your nearest hospital if you notice any of these serious side effects.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell. Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

7. Product details

This medicine is only available with a doctor's prescription.

What TCO T20 THC 20% CBD <1% contains:

Active ingredients (main ingredient):

Whole dried cannabis hybrid flower delta-9-tetrahydrocannabinol (20% THC)

Cannabis contains over 70 different cannabinoids and other naturally occurring compounds. **Do not take this medicine if you are allergic to any of these ingredients**

What TCO T20 THC 20% CBD <1% looks like:

TCO T20 THC 20% CBD <1% is a dried green flower featuring trichome-dense buds. It is available in packs of 10 grams of whole-plant medicinal cannabis dried flower.

Other ingredients (inactive ingredients):

Cannabigerol (<1% CBG)
Cannabidiol (<1% CBD)

Who distributes TCO T20 THC 20% CBD <1%:

Marketing Authorisation Holder and Manufacturer:

- PURO New Zealand Ltd
- [Contact details not provided; consult your doctor or pharmacist for further information.]

This leaflet was prepared in March 2026.

